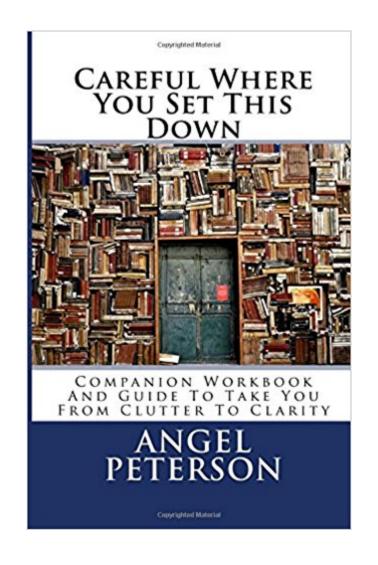


The book was found

Careful Where You Set This Down: Companion Workbook And Guide To Take You From Clutter To Clarity





Synopsis

A workbook and guide to help hoarders and others who have clutter problems to take transformational action steps both mental and physical towards their recovery. The author is a recovered hoarder and saw a need for a simple step by step process to climb out of the clutter and into a better life.

Book Information

Series: Careful Where You Set This Down Paperback: 58 pages Publisher: CreateSpace Independent Publishing Platform; 1 edition (March 21, 2017) Language: English ISBN-10: 1542986516 ISBN-13: 978-1542986519 Product Dimensions: 5.5 x 0.2 x 8.5 inches Shipping Weight: 4.5 ounces (View shipping rates and policies) Average Customer Review: Be the first to review this item Best Sellers Rank: #1,119,137 in Books (See Top 100 in Books) #84 in Books > Health, Fitness & Dieting > Addiction & Recovery > Hoarding #78565 in Books > Self-Help

Customer Reviews

Angel Peterson spent many years hiding behind her walls both physical and emotional until she rediscovered her self worth and embarked upon this journey of healing. It has now been years of literal clean living, having gained the tools, ambition, and belief to do whatever it takes to keep the walls down. Many self improvement courses and years of experience later, she is now a certified coach, NLP practitioner and mentor to those who wish to walk in her footsteps, as well as speaker to those who want to hear, heal and understand.

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